

# Sisters of the Southwest

## Southwest Area Ladies Circle Newsletter

Mesa Lakeside Fort Worth Tse Bonito Denver  
Tucson San Carlos Houston Albuquerque

Dear Sisters,

June 30, 2010  
Volume 1, Issue 2

The host of this Newsletter is the Lakeside Local Ladies Circle. We are sure you will be blessed as you read what God has done for our Sisters.

In 1971 Sis. Bonnie Smith, Sis. Doris Thompson (Netz at the time), Sis. Dorothy Bickerton, Sis. Sue Rich, and myself, Sis. Cheryl Smith (Calabrese at the time), began meeting as a group in the Lakeside area. Brother Joseph Calabrese helped to officially establish the circle at that time and the sisters began meeting on a regular basis. For many years, the sisters met in the Lakeside area. We didn't begin meeting in Whiteriver until the late 1980's and we have been meeting there ever since. We have had many wonderful experiences and gatherings.

We also had the first "Little Ladies Circle" of the area. The little ladies were in charge of writing all of the birthday cards, get well cards, and anniversary cards for the branch. There were usually 3-4 little ladies.

The sisters also had sewing circles in Whiteriver teaching the Apache sisters and friends how to sew and quilt. The annual Christmas dinner and gift exchange was always a fun time as well. The one main activity that we are involved in is making layettes for the Whiteriver Indian Hospital. Many newborns have received a layette from our Circle!

Several of our wonderful Sisters have gone on to meet the Lord. We have had many Sisters come and go, however we press forward and continue to grow. We currently have a very nice group that meets twice a month. We have had several new sisters move into our branch recently, which is very nice. We are looking forward to many new and wonderful blessings of the Lord.

*Sister Cheryl Smith, Lakeside Local President*

It is a warm and comforting feeling to be a part of such a wonderful heritage. When I hear the stories of days past, I feel so blessed to have been a part of it all. I remember as a young girl, sitting and writing those birthday cards, get well cards, and anniversary cards. I remember watching the sisters as they gathered and taught lessons and sang songs. I have vivid memories of the sisters laughing and enjoying each other's company. I remember when some of our Sisters went to be with the Lord and wondering what we would do without them. I remember when some of our Sisters left the church and wondering what could we do to redeem them.

I recently looked back through one of the books of Ladies Circle minutes from our branch. I looked at entries that were dated in the late 80's and early 90's. As I read each entry, my body felt a rush of warmth. I was taken back to a time of great joy and my mind's eye saw many beautiful memories.

Now, as an adult and active member of our Circle, I pray that we continue to build memories. I pray that we continue to be inspired of God through our lessons and our testimonies. I pray that each new mother that receives a layette feels God's love. I look forward to many more years in the Circle. I look forward to having a testimony such as our Sis. Shirley Hemmings. I pray that God continues to bless all of our circles and that His message continues to grow in each of our hearts.

*Sister Rachel Cotellesse, Lakeside Local Vice President*

---

### Inside this issue:

Sister's Testimony	2
Mystery Sister	2
Believe! Article	3
Word Search	4
Recipe	4
Events	5
Teacup Reflections	5

---

# Testimony of Sister Shirley Hemmings

I am so thankful that I am part of the family of God. I was baptized in the Monongahela River by Brother James Campbell on May 23, 1954. Brother Campbell said that we would go slowly because the water was cold. The water felt warm to me.

My parents were Brother Herbert and Sister Martha B. Seighman. They weren't baptized until their later years. Seven daughters and two sons of our family of eleven were baptized. As children, we used to walk two miles to New Eagle to ride the street car to Monongahela and walk another mile to get to The Church of Jesus Christ to go to Sunday School and Junior Church.

Brother Herb and I were married July 7, 1949. The Lord has blessed us with eight healthy children; four of which have been baptized. Ten of our grandchildren have also been baptized. It has been a wonderful life together enjoying many blessings in the Church.

I was a member of the Faith, Hope and Charity class taught by Sister Mabel Bickerton. I started going to Ladies Uplift Circle at Sister Sadie Cadman's home with Sister Violet Saver, Sister Sarah Vancik, and Sister Grace Landrey. Later we met at Sister Grace Landrey's in the country and I took my two young sons with me.

Brother Herb was baptized in February of 1958. He has had a few medical problems that required surgery of the heart, which our loving Savior saw fit to bring him through by the prayers of our Brothers and Sisters of the Church. We moved to Arizona in July of 1971. We enjoy the weather here in Lakeside, AZ very much.

It is a great blessing to have our young sisters meet with us at Ladies Circle. My favorite Songs of Zion are #70 "Give Me Understanding Lord" and #117 "Maybe I'm a Dreamer".



## Mystery Sister in Lakeside

Who is this Sister?

## Sister Grace Landrey

was the Mesa Mystery Sister  
in the Newsletter Vol 1 Issue 1



1. Born in Detroit, Michigan
2. Three natural brothers & sisters
3. Baptism Date 1973
4. Number of children – 3
5. I can crochet, sew & play the piano
6. Favorite Scripture – Proverbs 4:7
7. Scripture role model is Ruth because of her faithfulness
8. I love Sci-Fi!

The mystery sister will be revealed in the next issue!



# Believe!

By Sister Kristen Smith

This is my testimony of how I received the theme for the 2010 SWAMBA Campout coming up this September in Heber, AZ. First, I want to give all the honor and glory to God for His inspiration. I had been praying for many months for His inspiration for a theme. I get so nervous when asked to do something like this because I want it to be God's doing and not my own. I had been praying and reading scriptures with a couple of thoughts in my head, but no clear direction of a theme for camp. Back in January, I had a little experience at work that affected me so deeply and through that, God's hand began to work.

I went to work like it was any ordinary day on the unit. The first part of my shift was going smoothly. At one in the morning, one patient began to become very confused and combative. A little bit later, I went in to give insulin and when the needle stuck the patient, the patient jerked back and the needle came out and stuck my finger. Panicking, I finished what I was doing quickly and I ran to our medication room crying. All sorts of feelings came over me. Shock, disappointment, fear, and anger flooded my mind. We have learned so much about needle sticks, how to avoid them, infections that can be passed through them and what to do if the event was to occur. I did all that I was supposed to do but fear still enveloped me. I was numb for the rest of my shift. From work I had Luke meet me at Bro. Skip Smith's home to be prayed for. For the next couple of weeks of waiting to get test results back, I was in turmoil. I tried to pray, knowing that God had it under control, but questions arose in my mind of "what if." Experience after experience came to my mind of all the things God had done for me in my life and Luke's life but my faith wavered. False story lines played out in my mind of all the terrible things that could come from this. Where was my faith? Had God not taken care of me since I was a very small child?

One day I was reading in Mosiah, one of my favorite pieces of scripture, and my eyes fell upon, "Believe in God; believe that He is, and that He created all things, both in heaven and in earth; believe that He has all wisdom, and all power, both in heaven and in earth; believe that man does not comprehend all the things which the Lord can comprehend" Mosiah 4:9. This scripture stopped me in my tracks and I immediately felt guilty for my unbelief and all the times I questioned God's power. All of the experiences came to mind of the power of God in my life and family's life. I realized I just had to believe. I had to believe in all the answered prayers and blessings that He gives to us daily and believe that He is in control and has the ultimate power in our lives.

I received a call from employee health services at the hospital and they made an appointment for me to come in. I started crying immediately when the nurse shut the door of the examination room. She said, "Oh honey, what is wrong? Everything is negative. You have no reason to worry." All I could do was thank God in my mind. She said that the chances of infection after this type of needle stick are very small. I have had a couple more tests after this incident and thank God everything has been negative.

Through all of this, the reoccurring message in my mind was Believe. We have to believe that God is the same God yesterday, today and forever. No matter what is happening in our lives, from the smallest problem to the most earth shattering ordeal, we have to believe that God is in control. His power is so great that we cannot comprehend it. I pray that this will be a blessing for you today and that no matter what is going on in your life, you will believe in Him.

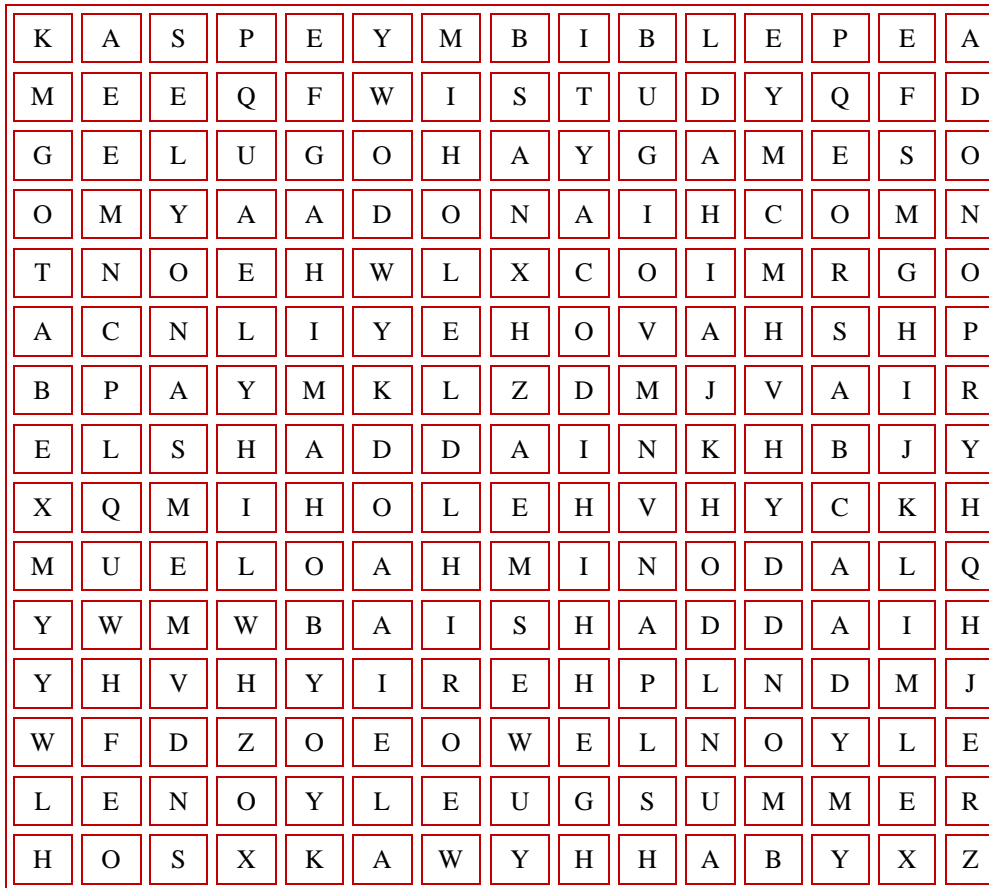
**CAMPOUT DATES ARE SEPTEMBER 3-6, 2010 AT  
CAMP SHADOW PINES IN HEBER, ARIZONA  
REGISTER SOON!**

*"For there is no friend like a sister, in calm or stormy weather, to cheer one on the tedious way, to fetch one if one goes astray, to lift one if one totters down, to strengthen whilst one stands."*

*Christina G. Rossetti*

# Word Search – Hebrew Names of God

This Bible word search game has 15 answers.



Elohim  
Yehovah  
YHVH  
Yah  
El  
Eloah  
Elyon  
Shaddai  
Adon  
El Shaddai  
Elyon El  
YHVH Elohim  
Adonai  
Adonim  
YHVH Yireh

## Recipe – Sister Cheryl's Famous Chocolate Chip Peanut Butter Cookies

- ♥ 1 cup butter, softened
- ♥ 1 cup creamy peanut butter
- ♥ 1 cup granulated sugar
- ♥ 1 cup packed light brown sugar
- ♥ 2 eggs
- ♥ 2 ½ cups flour
- ♥ 1 ½ teaspoon baking soda
- ♥ 1 teaspoon baking powder
- ♥ ½ teaspoon salt
- ♥ 2 cups semi-sweet or milk chocolate chips

Preheat oven to 375 degrees. In large bowl, beat butter, peanut butter, both sugars and eggs on medium speed until well blended.

Stir together flour, baking soda, baking powder, and salt, gradually add to butter mixture, beating until well blended. Stir in chocolate chips.

Drop by rounded teaspoons onto greased cookie sheet. Bake 8-10 minutes or until set. Cool slightly; remove from cookie sheet to wire rack. Makes about 5 dozen.





### Fort Worth Ladies Circle Events

Oct – Clothing Drive

### Lakeside Ladies Circle Events

Spaghetti Dinner – TBD

Yard Sale - TBD

### Upcoming Southwest Region Ladies Circle Events

Sept. 4 – SWA LC Conference, Camp Shadow Pines

Sept. 18 – SWA Ladies Circle Fast & Prayer – Lakeside

### Mesa Ladies Circle Events

Oct. 9 – Ladies Circle Tea

Oct. – Parking Lot Sale – Date TBD

Dec. 4 – Christmas Luncheon

Dec. 5 – Christmas Caroling

Date TBD – Nursing Home Visit

### Tse Bonito Circle Events

July 17 – Yard Sale

## Teacup Reflections

### Ladies Circle Memory

My favorite current Ladies Circle memory is riding in the van down to the Whiteriver Reservation. We pick up all the Sisters in town and then head down to Whiteriver to pick up our Apache sisters. As we pick up each Sister, we discuss what is going on in each Sister's lives. We visit and really enjoy each other's company. It takes about an hour from the time we leave Lakeside until we get everyone and get to where we meet for circle. It doesn't feel like an hour though. We talk and laugh and plan. It is a wonderful time of fellowship! I really enjoy spending time with my Sisters!

*Sister Kathy Palensar*

#### Galatians 6:2

**Bear ye one another's burdens, and so fulfil the law of Christ.**



### Make some memories in your Circles

1. Plan activities in addition to your regular LC meeting
2. Plan activities that include the young girls
3. Take pictures at your events
4. Make a Ladies Circle Event scrapbook together
5. Make a slideshow of events & show at a tea
6. Plan activities to invite your family & friends to
7. Cook together
8. Make crafts together

#### 1 Timothy 4:12

**"...but be thou an example of the believers, in word, in conversation, in charity, in spirit, in faith, in purity."**

### A Loving Recipe for a Perfect Cup of Tea

One willing friend who loves to sit and share

One grateful heart to have a friend that cares

One beautiful garden to show us God is near

Many wonderful memories of times shared throughout the years

Lots of smiles and laughter to brighten up our days

Many prayers that we prayed for each other along the way.