

Sisters of the Southwest

Southwest Area Ladies Circle Newsletter

Mesa Lakeside Fort Worth Tse Bonito Denver

Tucson San Carlos Houston Albuquerque

Dear Sisters,

Sept 30, 2010
Volume 1, Issue 3

The host of this Newsletter is the Tse Bonito Local Ladies Circle. We hope you enjoy experiences of our Sisters. We thank the Lord for what He has done in our lives.

I wanted to share a little bit about the Ladies Circle beginnings here in Tse Bonito from my perspective and my testimony about my life in coming to the Navajo Reservation.

I came to live on the Navajo Reservation in July 1977 one month after I married my husband, Larry. It was not only exciting to start my life here as a newlywed, but I was excited to hear of the experiences and the work being done on the Navajo Reservation; what the Lord would do for us if we keep His Commandments and I wanted to be a part of it.

Many people from our Branch came to the Navajo Reservation in the beginning through a Non-Profit Organization called Side by Side. The Ladies began helping with a demonstration farm in Red Lake, Arizona working with the hard red clay soil. They also had lessons on child care and family related concerns for the women in the area—it also was a time for sharing needs and concerns.

In August of 1977, they had the dedication of the Side by Side Farm as a Joint Project with the Red Lake Chapter. I was able to wear my wedding dress, again at a reception they gave to us. Not many have the opportunity to do that!



The ladies moving to this beautiful area in the early days discovered many challenges that women in the city take for granted like running water and electricity. The women were struggling for mere survival needs; **but** the Lord provided. They first began meeting in their homes as there was no building to meet in. When the men brought the Quonsets over from California, they constructed 2 of them on the property that was leased to us by Side by Side. We began meeting there. The plumbing was very inadequate with pipes freezing and not working at times. For heat, we had a potbelly stove in the center of the one building; and in the other Quonset hut we had the long space heaters that were against the base boards—still not adequate. It was usually very cold during the winter. It was an adventure, though!

There were many who came to help in working the land, in spiritual support, and in donating goods for the Brothers and Sisters; those that came were uplifting and loving to our Sisters.

The buildings became inadequate as our families grew and the buildings were about 25 miles away for us, so we began to pray for a Church building and land that we could have as permanent structures. Many of us lived in trailer courts. During this time, my father-in-law, Brother Bob Watson, had found some land to purchase—we were still meeting in the Quonset huts (which is another testimony in itself). In 1979, seven families from our Branch had bought land off the reservation and in 1983 we began construction on our Church Building in Tse Bonito. It was dedicated in May of 1984. When the brothers and sisters who had bought this land decided to donate it for our Church building, the Word of the Lord was spoken, **“It is not yours to give, it is MINE already.”** Miracle Valley and Garden Lane were names that we chose for our property because it was a miracle from God that we received this land; and Garden Lane because most, if not all of us had a garden that the Lord blessed. (continued on page 2)

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The Lord has continued to blessed us as a Ladies Circle, even though at this time we are a few. We have had our ladies fast and prayer through the years and have received many blessings and miracles in our life. There have been many challenges and in my times of discouragements, that I have wondered what am I doing out here. But I can honestly say that the Lord is good, His mercy endures forever, and He loves us and cares for us. He sees our circumstances and helps us through them. He is Faithful to take care of us as women right where we are in life. I thank Him and Praise Him. He is my Friend. God Bless you,

Sister Vanessa Watson, Tse Bonito Local Vice President

Southwest Area Fast & Prayer Service

There is nothing like hearing the prayers of the Sisters being lifted up to the throne of God. On September 18th, several Sisters met at the Lakeside Branch in Fasting and Prayer. The Lord met us as we arrived. After opening in song, we began our meeting. Each Sister wrote down a prayer request, we turned our requests in, we then broke into two groups and the requests were passed back out to the Sisters. We spent time lifting each other's burdens and requests to the Lord. One of the sweetest sounds is hearing a sister lifting up another in prayer and love. Each sister took the different requests and turned it into her own burden. Without a doubt, the Lord heard our requests and was pleased with our love for one another. The Lord directed us to pray often and to pray for one another. He promised us that if we come to Him sincerely, he will hear our requests. The Lord showed his love to us as we lifted each other up in fasting and prayer. We look forward to the next time that we can gather as Sisters and join again in prayer.

Sister Bernie King

was the Lakeside Mystery Sister
in the Newsletter Vol 1 Issue 2



Tse Bonito's Annual Ladies Circle Fast and Prayer Meetings

Every year, usually during the fall or winter time of the year, we get together as a Ladies Circle and fast and pray. We've met outdoors, in homes, or the Church building. We usually have a wonderful lesson; we talk about prayer request and then time is devoted to prayer. After our prayers and we close in prayer, we each go to a different part of the room to write our letters to God. The following year we read them to ourselves and if appropriate, we share the answered prayers. This is a real blessing to us as women. We look forward to it every year.

Mystery Sister in Tse Bonito

Who is this Sister?

1. She was born in the United States
2. She has more than 3 siblings
3. Her baptism date was in 1993
4. Number of children: 4
5. One of her Favorite Scriptures is the chapter of 100th Psalms
6. She loves to cook for large crowds; loves reading Christian novels and true stories

**The mystery sister will be
revealed in the next issue!**



What a Wonderful Day!

She's been a part of Ladies Circle since the time she was very small. Now look how she's grown and given herself to the Lord. This young lady is Kaila Calabrese and she has been an inspiration to me over the years. Her love for God always shines through. As a younger girl, she along with Hannah Jordan would "sign" the music as the songs were playing in the background. This was a real blessing to our Branch. She has continued to grow in God's Grace. The way she spoke the night of her baptism was an inspiration to those from Albuquerque, especially Sister Nelly Camacho. May God Bless and protect her from all evil and harm as she continues to grow in His Spirit.



Karrissa, Tayla, Kaylee, Kaila, Elizabeth, Hannah, Nelly, Jillian &

Happy Thanksgiving to All!!!

Psalm 95:2

Let us come before his presence with Thanksgiving, and make a joyful noise unto him with psalms.

Books of the Book of Mormon Puzzle

Can you find the 12 unique book names listed below of the Book of Mormon in this paragraph?

SOLVE THE RIDDLE IF YOU CAN. IF YOU CAN'T FIND THEM ALL, PLEASE, NO SCREAMING. YOU'RE NOT A MORON. I'M SURE YOU CAN DO IT, EVEN IF YOU HAVE TO LOOK FROM NIGHT UNTIL NOON. IT DOESN'T TAKE ARMOR, MONEY, OR COOL CLOTHES EITHER. HOWARD WINCHEL, A MAN WHO HAD NONE OF THESE THINGS, FOUND THEM ALL--EVEN MOSIAH! MY FRIENDS AJ, ACO BUILDING SUPPLIES SPECIALIST, FOUND THEM INSTEAD OF STUDYING FOR AN INANE PHILOSOPHY FINAL. MAYBE SHE SHOULD HAVE STUDIED, INSTEAD OF LETTING HER MIND WANDER FROM THE ANCIENT LANDS OF THE LAMANITES TO THE BAJA, ROME TO EGYPT, AND OTHER FASCINATING PLACES. BUT SHE KNEW THAT HER MIDDLE NAME WAS CHARITY. AND, IN THE WORDS OF MORMON, WRITTEN BY HIS SON, CHARITY NEVER FAILETH.

Nephi
Moroni
Helaman

Jacob
Words of Mormon
Mormon

Enos
Mosiah
Ether

Jarom
Alma
Omni

Recipe – NAVAJO FRY BREAD

by *Sister Anne Calabrese*

FOR RISK TAKERS:

- 8-10 handfuls Blue Bird Flour
- 4 good size pinches of baking powder
- 1 small pinch of salt
- 4-5 handfuls of warm water
- 8-10 heaping handfuls of lard, traditional
- 1 handful powder milk, optional



OR FOR THOSE LACKING IN COURAGE:

- 4 cups Blue Bird Flour
- 2 tablespoon baking powder
- 1/2 teaspoon salt
- 2 cups warm water
- 4 cups vegetable oil

In a large bowl, thoroughly mix flour, baking powder and salt by hand. Pour 1 1/2 cup warm water into mixture, mix by hand and add remaining water, if needed. Dough should be soft, no lumps and not sticky. Knead for 5 minutes. Divide the dough into 6 balls. Roll dough onto counter or cutting board and shape the dough into 8" circles. Pinch a small circle in the dough before you put the dough into the hot oil.

Pour oil in large 9 inch skillet. Heat the oil until visibly **HOT**. Place the dough into skillet slowly and carefully from back to front. Deep fry both sides until golden brown.

It is best when eaten **HOT**. Sprinkle salt or powdered sugar on fry bread and drizzle honey, if desired. Fry bread is good with any meal or as a snack. Try it with lamb stew. This Bread is ***ESSENTIAL*** for Navajo burgers and Navajo Tacos.

Thank You So Much!

The Tse Bonito Ladies Circle would like to thank the Mesa Ladies Circle for the Layettes that they have sent to us the last few years. We normally go out for dinner (our Ladies Night Out) and then take the layettes to the Gallup Indian Medical Center. It is a time we can share, laugh and have a good time and also do something good for the community in the process.

We would also like to thank Sisters Betty Alessio & Barb Ackman for the lovely handmade lap blankets/afghans /baby blankets. They have been used for the layettes we give out and for some members in our area that have a particular need. We have also given them out as lap blankets for the elderly in hospitals and in nursing care facilities.





Upcoming Southwest Region Ladies Circle Events

Mar. 12 – SWA Ladies Circle Conference, Mesa, AZ

Mesa Ladies Circle Events

Dec. 4 – Christmas Luncheon

Dec. 5 – Christmas Caroling

Date TBD – Nursing Home Visit

Jan. 10 – Traveling Ladies Circle

Fort Worth Ladies Circle Events

Oct – Clothing Drive

Lakeside Ladies Circle Events

Dec. 1 – Cookie Basket Fundraiser

Dec. 15 – Ladies Circle Christmas Dinner

Tse Bonito Circle Events

Thanksgiving Food Baskets

Dec. 4 – Annual Fast & Prayer Meeting

Teacup Reflections

Ladies Circle Memory

I remember one day my Mom told me to go with her to the Ladies Circle meeting. At first all I would do is listen and color, but now I participate like helping with layettes and discussing different lessons and going to fast and prayer meetings. The Ladies Circle has always been a great way for me to learn more about God and has taught me important life lessons and how to include God in my young life.

I hope in the future I can also bring my daughter to Ladies Circle like it has been in my life.

Sister Kaila Calabrese

Philippians 1:6

Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ:



Make some memories in your Circles

1. Plan activities in addition to your regular LC meeting
2. Plan activities that include the young girls
3. Take pictures at your events
4. Make a Ladies Circle Event scrapbook together
5. Make a slideshow of events & show at a tea
6. Plan activities to invite your family & friends to
7. Cook together
8. Make crafts together

Psalm 50:14

Offer unto God thanksgiving; and pay thy vows unto the most High:

If you are cold, tea will warm you;
If you are too heated, it will cool you;
If you are depressed, it will cheer you;
If you are exhausted, it will calm you.

William Gladstone

Savor the Beauty of a Moment

Never lose an opportunity of seeing anything that is beautiful; for beauty is God's handwriting – a wayside sacrament. Welcome it in every fair face, in every fair sky, in every fair flower, and thank God for it as a cup of blessing.

Ralph Waldo Emerson